



I scream, you scream,
we all scream for,,,

Ice Cream!

This summer use this quick and easy recipe to make your own ice cream right at home. No fancy machinery, equipment or ingredients required. You and your kids will have fun and end up with a nice cool treat too!

Ingredients:

- ❖ 1 cup of milk, $\frac{1}{2}$ n $\frac{1}{2}$ or heavy cream - can create you own combo!
- ❖ $\frac{1}{4}$ cup sugar
- ❖ Vanilla (about $\frac{1}{4}$ teaspoon)
- ❖ $\frac{1}{2}$ cup of salt (table, rock, kosher will all work)
- ❖ 2 cups ice
- ❖ 1-quart sized bag with a tight seal (like a Ziploc)
- ❖ 1-gallon sized bag with a tight seal

Put the dairy, sugar and vanilla in the quart sized bag and make sure it's properly sealed. Put the ice and salt in the larger gallon sized bag and then put the smaller bag inside of it. Seal the big bag tightly. Rock it gently for about 10-15 minutes and voila! You'll have your very own ice cream! Add flavors to experiment (Strawberry Quik, Cocoa powder, etc.)